



Dagmar Geisler

I Want More - How to Know When I've Had Enough

durchgehend farbig illustriert von Dagmar Geisler

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Story

How do you know when you've had enough?

Lisa loves gummy bears, especially the yellow and red ones. And the green. And the orange. She would eat a whole bag of them if they didn't make her stomach ache. Emma really enjoys swimming in the bathtub, but she knows exactly when she's been underwater long enough and needs to come up for air. Tim loved the rabbit stuffed animal his grandmother gave him so much that he asked for another, and another, and now Tim isn't quite sure where his favorite stuffed rabbit is - and there's no room for him in the bed!

In Dagmar Geisler's *I Want More—When To Know When I've Had Enough*, readers will meet a number of children with interests similar to their own who learn to recognize when they've had enough or when they've had too much - when they've eaten too much of their favorite snack, collected too many of their favorite toys, or sat in front of the television for too long. Then, they can rank their favorite activities, toys, and foods using a scale of *Too little!* to *Enough already!*, featured at the end of the book.

The book gives parents, grandparents, and caregivers the opportunity to speak with children about setting limits, allowing them to develop their own internal feeling for when something is no longer beneficial, fun, or healthy. It finds just the right tone to tell children in a subtle way that lovely things are much more enjoyable when enjoyed in moderation.

Dagmar Geisler

Dagmar Geisler was born in 1958 in Siegen and studied drawing in Wiesbaden. After graduating in 1984, she worked as graphic designer and illustrator for several publishing houses and broadcasting companies. In 1987 Dagmar Geisler illustrated her first book for children, the “Leselöwen-Quatschgeschichten” by Manfred Mai. From now on she focused on drawing comics and illustrations for children’s books, which have been awarded several times. For some years now she also writes successful children’s books. Her educational picture books deal with recent and sensitive issues. With her sensitive stories Dagmar Geisler succeeds very well to transport useful preventive measures not only from an educational perspective, but also with a certain amount of excitement and humor. Today, Dagmar Geisler lives with her family in the Franconian Switzerland.

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