



Peace and Relaxation with Mandalas

60 motifs for children and adults

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Story

Painting for the soul

Do you want to relax and love being creative? Then grab this colouring book and a few pencils, take some time for yourself and colour in your favourite mandalas. Do something good for yourself and calm down!

Your mandala colouring break

- **60 intricate mandalas** with colourful backgrounds
- Creative activity for **children aged 8 and over and adults**
- **Imaginative alternative** to smartphone, Netflix and co.

- Helps to **relax and switch off** from stressful everyday life

- Mandala colouring book **for young and old**