



## My First Book of Feelings

ab 5 years

128 Pages, 175 x 245 cm

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Hardcover

### Dagmar Geisler - A specialist in emotional education for the little ones

- Raising awareness and moving forward
- Approaching difficult, yet important topics in a sensitive manner

*A collection of four titles about Coping with Anger, Siblings, Arguing and Less is More.*

*Perfect to find a way for being aware and talking about all kinds of feelings like anger, fear, happiness or joy!*

By the time children reach kindergarten age the issue of social interaction becomes increasingly important for them. Closely connected with this is the awareness of one's body, dealing with their own feelings as well as perceiving themselves and responding to feelings of others.

The titles provide parents, educators and teachers with materials and guidance for different age groups in order to communicate these often difficult issues.