



Stephanie Gerharz

Safe Child, Happy Parent – I Am Left-Handed!

ab 5 years

36 Pages, 22 cm x 27.5 cm

ISBN: 978-3-7432-0904-6

Hardcover

This is how it works with the left hand!

How do you actually know whether you are left- or right-handed? Everyone has a ""strong"" side, after all. But what exactly does that mean, and how do you know which one works better for you? Why is it that so many misjudge themselves, or deny their true default?

This book explores left-handedness, a subject that is surprisingly sensitive to many - especially children who are surrounded by right-handed friends and classmates and who struggle with the need to use ""special"" scissors, worry about smudging their schoolwork, and grow frustrated with bumping elbows at the dinner table.

I Am Left-Handed answers common questions like: How do you know that you're left-handed? Is left-handedness genetic? If you're left-handed, are you also left-footed? What kind of products exist that are specially made for lefties? What does a handedness consultant do?

It's important to accept that you're a lefty and to love the fact that you're unique and special - only 10 percent of the world is like you!

In *I Am Left-Handed*, award-winning author **Stephanie Gerharz** and author and illustrator **Dagmar Geisler** draws attention to what could be a sensitive subject to some and provides advice for not only the children who are left-handed but also

those who live and work with them daily, like parents, grandparents, teachers, siblings, and caregivers, and gives . The perfect tool to teach children how to respond to insecurities surrounding being left-handed.

Stephanie Gerharz

Stephanie Gerharz wurde 1965 in London geboren und ist Mutter von zwei erwachsenen Kindern. Sie arbeitete in einer kinder-und jugendpsychiatrischen Praxis, bis sie sich mit eigener Praxis selbstständig machte. Dort begleitet sie als Coach und Linkshänder-Beraterin Kinder und Erwachsene in ihren Prozessen. Als Autorin hat sie im Eigenverlag das Kartenset Kopfsalat mit Herz entwickelt, ein Spiel zur Förderung von Achtsamkeit und Herzqualitäten.