

Jörg Müller

When Boys and Girls Become Men and Women: Everything You Need to Know about Growing Up

ab 11 years

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Hardcover

A Comprehensive, Fully Illustrated Guide to Our Changing Bodies

Kids ask a lot of questions (and that's an understatement). Sometimes the answers are easy for parents to come up with ... and sometimes they're a little more complicated. That's what this book is for! When Boys and Girls Become Men and Women should accompany children (and their parents) on the long road to adulthood and allows both groups to explore this new territory together, step by step.

Everyone looks different, and everyone has their own strengths and weaknesses, interests and passions, but our bodies go through similar processes, no matter how similar or different we may look or act. When Boys and Girls Become Men and Women is perfect for those who are curious about their own bodies, as well as their peers', and for grade-schoolers and preteens who want to know more about **everything from puberty to pregnancy**.

Jörg Müller and **Dagmar Geisler's** introduction to sexual education for elementary school and middle school students, as well as young adults, next to growing up, everything about boys and girls, sex, and pregnancy, also thematises topics like personal hygiene, love, seeing a doctor.

Jörg Müller

Jörg Müller is the pen name of a non-fiction author specializing in consumer guides. A father of four, he has spent many years exploring the topic of puberty and sex education alongside his work as a financial journalist. With "Quite Enlightened! When Boys and Girls Become Men and Women", he has created a guide that addresses questions and concerns with honesty, clarity, and empathy – helping young readers understand and navigate this important stage of life.

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