



Safe Child, Happy Parent – Are there Plasters for the Soul?

ab 5 years

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Nothing to see but still there: mental illnesses

If you have a sprained foot or a runny nose, you go to the doctor. But what if your soul isn't feeling well? When nothing brings you joy? When you have inexplicable fears? Or when you keep doing things you don't want to do? Is there a cure for this too? And is it even okay to talk about it?

Told entirely from the **children's point of view**, this book talks about various mental illnesses and how they affect the everyday lives of those affected and their families. It **encourages people to talk openly about these illnesses** and shows ways of dealing with them. Because everyone has the right to seek advice and help in difficult situations.

- Sensitive deals with an **important and difficult topic**
- **Offers support** for those affected and those around them
- Text and illustrations by **Dagmar Geisler**, the expert on children's social-emotional development